



Patient Information Leaflet

Maternity Information during ongoing Coronavirus COVID -19 Pandemic

We are currently in the process of implementing additional measures to ensure the safety of all our women who are pregnant, having a baby, or have recently had a baby with our maternity services. The Government advice for all people is that they avoid non-essential contact, however midwifery and medical care is absolutely essential so it is really important that you access the appointments you are allocated during this difficult and unprecedented time.

This information leaflet outlines the changes we are making at this time, however as the situation continues to evolve, please be aware that this may change with very little notice. We will do our utmost to ensure that you are kept up to date with any changes and we will publish updates on the hospital website.

We would like to reassure you that safety is our key priority and we are following the guidance published by the Government and the Royal College of Obstetricians & Gynaecologist. In line with this guidance we will be conducting some of your antenatal and postnatal appointments on the telephone. This is to reduce the number of close contacts you will have with people outside of your family or household.

We recognise that you may have further questions and therefore we have set up a number of helplines:

Name of Helpline	Telephone Number	Hours of operation
Maternity Antenatal Care/ Triage Line	07887566489 or 07833049229	Available 24 hours per day
Infant Feeding support	07917504373	Monday-Sunday 08:00-20:00hrs
Postnatal Care	07867 787404	Mon-Sun 08:30-16:30
New maternity bookings	01604 545430	Mon-Fri 08:00-16:00
COVID Helpline	07771 938990	Mon-Fri 08:30-16:30

Following the guidance published by NHS England, the Trust is not allowing any visitors into our hospital at this time. This means that when you attend for any antenatal or postnatal appointment (this includes scan appointments) you will have to attend alone. If you are unable to attend on your own, please can you telephone the Maternity Antenatal Care / Triage Line so that we can make the necessary arrangements for you.

The only exception to the no visitor rule is when you are in labour. You can have one birthing partner accompany you, who must be a member of your immediate household.

In line with the Government's recommendations for all households to self-isolate, it is not advisable for you to arrange for other people outside of your household to care for your other children or to visit your new baby.

Antenatal Care

Consultant Antenatal Appointments

If you have an appointment at the Consultant Antenatal Clinic in the next 3 weeks you will be phoned to ask that you do not to attend in person.

If this is your first Consultant Antenatal appointment, the Consultant will phone you on or before the date of your scheduled appointment. If you have previously been seen in the Consultant Antenatal Clinic, a Senior Midwife will telephone you the day before your appointment to find out some further details about your pregnancy and your current health. You will then be advised if your antenatal appointment can be conducted over the phone in which case the Consultant will phone you at around the time of your scheduled appointment. Alternatively you may be advised to attend the Antenatal Clinic in Area K to be reviewed by one of the Obstetric team.

Following your consultation, the doctor will advise you when you need to be seen next.

If you do not receive a telephone call by the time of your scheduled appointment, please ring the Maternity Antenatal Care / Triage Line.

Community Midwifery Antenatal Appointments

The schedule of routine antenatal appointments will be as follows:

Your antenatal booking appointment will be carried out over the phone. Please call the New Bookings helpline to arrange this. You will also be able to make contact via a dedicated email address and we will circulate the email address as soon as it is available.

At booking antenatal phone call the midwife will take a full history from you and she will make arrangements for your scan appointment and follow up appoint.

- 11 – 13 weeks pregnant: You will be sent an appointment for your dating/screening scan. Following your scan you will have an antenatal appointment in Area K of the hospital with a midwife. At this appointment you will have all your booking bloods taken and the midwife will discuss your plan of care with you. You will be given your handheld antenatal records and some written information.
- 16 weeks pregnant: Telephone Appointment.
- 18-20 weeks pregnant: Scan appointment
- 25 weeks pregnant: Telephone Appointment - if this is your first pregnancy
- 28 weeks pregnant: Antenatal appointment in Area K. At this appointment you will have further blood tests and any other tests that will have been discussed with you at your 11 - 13 week appointment.
- 31 weeks pregnant: Telephone Appointment – if this is your first pregnancy

- 34 weeks pregnant: Telephone Appointment
- 36 weeks pregnant: Antenatal appointment in Area K.
- 38 weeks pregnant: Telephone Appointment
- 39 weeks pregnant: Antenatal appointment in Area K
- 40 weeks pregnant: Telephone Appointment
- 41 weeks pregnant: Antenatal appointment in Area K.

Postnatal Appointments

- 1st day home following birth: Telephone consultation
- Day 3: Telephone consultation
- Day 5: Postnatal Appointment for you and your baby at Far Cotton Maternity Hub which is at the Far Cotton Recreation Centre, Towcester Road, NN4 8XY. If day 5 falls on a Sunday this will be Area K at NGH
- Day 10 – 14: Telephone consultation