



# ARE YOU A CARER?

## FREE FIRST AID TRAINING IS AVAILABLE FOR YOU IN 2020

St John Ambulance are offering funded first aid training for carers across Northamptonshire. Sessions teach basic life-saving skills, plus how to manage a range of other injuries or illnesses. Get in touch today to secure your place. Places are limited, meaning booking is essential.

Corby – 6<sup>th</sup> January 2020

Towcester – 23<sup>rd</sup> January 2020

Kettering – 24<sup>th</sup> January 2020

Northampton – 5<sup>th</sup> February 2020

Earls Barton – 11<sup>th</sup> February 2020

**Contact details:**

Call Nicole McMillan on 01933 233 207

Or email: [Nicole.mcmillan@nhs.net](mailto:Nicole.mcmillan@nhs.net)

Find out more.

Help save lives.

Be the difference.

[sja.org.uk](http://sja.org.uk)

