



Diabetes Team

Northampton General Hospital NHS Trust

Cliftonville

Northampton

NN1 5BD

Dear Colleague

We need to keep our patients with Diabetes safe during this time, especially our patients with **Type 1 diabetes**.

Please ensure that **ALL** of these patients have access to:

- Sufficient blood glucose test strips whether or not they are on Libre, if they become unwell they will need to blood glucose test more frequently.
- Ketone testing equipment, whether this is urine ketone test strips or blood ketone test strips.
- If patients are on an insulin pump that they have an in-date long and short acting insulin supply (in the form of pens) in case of pump failure.
- We are currently trying to find a way of getting “sick day” rules to these patients, and may need your assistance to help with this (We would forward them to the surgery to be sent to patients via the surgery).
- For patients needing help with “sick day” rules please ask them to ring 01604 545930 or if they use an insulin pump 01604 523377.

Type 2 diabetes

Please ensure that these patients have access to:

- Adequate Blood test strips (unless on Metformin only and not usually testing)
- They are keeping well hydrated if on an SGLT2 inhibitor (“...gliflozin”). The relatively rare risk of potentially dangerous euglycaemic DKA means it is vital they have ketones tested if they are unwell, even if sugars aren’t raised.
- Please contact the community Diabetes team in the first instance if further assistance is required.

Gestational Diabetes.

Please ensure that **ALL** these patients have access to:

- Enough blood glucose test strips
- If they become unwell please contact the relevant team depending on illness,
Midwives 01604 544935
Diabetes 01604 545822

•
If the patient is pregnant and **AND** has Type 1 diabetes please contact NGH immediately as above.

Northampton General Hospital Diabetes Team